



Spolufinancované z
programu Európskej únie
Erasmus+



Healthy lifestyle - questionnaire

Q1 Do you do any sports?

ANSWER CHOICES

yes

no

Q2 How often do you do sports?

ANSWER CHOICES

every day

once or twice a week

more than 3 times a week

hardly ever

never

Q3 Doing sports is

ANSWER CHOICES

boring

fun

a must

Q4 Who should stay active?

ANSWER CHOICES

children

teenagers

adults

everybody (age does not matter)

only young people



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Q5 I prefer

ANSWER CHOICES

individual sports

team sports

Q6 What do you think of your PE lessons?

ANSWER CHOICES

they are great

they are OK

I don't really like PE

I hate PE



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LINKS with results:

Healthy lifestyle Italy <https://www.surveymonkey.com/results/SM-9VJTK9PY9/>

Healthy Lifestyle Slovakia <https://www.surveymonkey.com/results/SM-5T2PK9PY9/>

Healthy lifestyle Poland <https://www.surveymonkey.com/results/SM-JBGK89PY9/>